

## **ABSTRACT**

An apparatus for mounting a bicycle in a manner which permits the removal of the body's weight from the pubic area and reduce buttocks pressure while adding therapeutic support to the lower lumbar–sacral region of the body. In a typical embodiment, the mounting apparatus includes a harness device that is worn by a rider. The harness device fits between the lower torso and upper thigh region of the body and has a projecting section attached to the rear. When a rider mounts a bicycle or pedaled vehicle, the projecting section comes in contact with and is supported by means of an adapted bicycle mounting post, thus bearing the riders weight with the harness device leaving sub scrotal arteries free of pressure.